

4. Do you have any personal or professional experience with birthing or prenatal yoga?

5. What do you hope to learn from this training?

6. Please write down three areas where you need feel you need to grow in your teaching or practice:

7. Do you plan on attending the full 85 hour YA PYTT track? If not, how many modules (1-4) will you attend?

**Please send the completed application : CITYOGA Prenatal Yoga Teacher Training Program
2442 Central Avenue Indianapolis , Indiana 46205 or email cityogaindy@gmail.com
Questions? Please call 317.920.9642**