

**CITYOGA School of Yoga and Health**  
2442 N Central Ave  
Indianapolis, IN 46205  
317-920-9642  
[www.cityoga.biz](http://www.cityoga.biz)

## **Prenatal Yoga Teacher Training (PYTT)**

### **Application**

Name:

Address:

Phone:

Email:

1. How long have you been practicing/teaching yoga?
2. Do you have any certifications/trainings in yoga or related areas of study?
3. Describe your practice/teaching style:

4. Do you have any personal or professional experience with birthing or prenatal yoga?

5. What do you hope to learn from this training?

6. Please write down three areas where you need feel you need to grow in your teaching or practice:

7. Do you plan on attending the full 85 hour YA PYTT track? If not, how many modules (1-4) will you attend?

**Please send the completed application and \$35 application fee to : CITYOGA Prenatal Yoga Teacher Training Program 2442 Central Avenue Indianapolis , Indiana 46205 Application fee is not refundable if application is not accepted for any reason. Questions? Please call 317.920.9642 / [www.cityoga.biz](http://www.cityoga.biz) / email [info@cityoga.biz](mailto:info@cityoga.biz)**